



Shahid Mahdavi Educational Complex

Health Policy

Please be sure to inform your child's teacher if your child has a chronic illness or physical handicap and if there are any special measures or activity restrictions that will be necessary for his or her welfare at school.

Please keep your child at home and consult your doctor if he or she has any of the following symptoms, which may indicate the onset of a communicable disease:

- Fever
- Watery eyes, discharge from eyes
- Sore throat with fever
- Cough with fever
- Skin rash or spots
- Nausea, vomiting, diarrhea

Your child should be fever free, without use of aspirin or fever reducing medications, for 24 hours before returning to school. If a child has been sent home with a fever, they must remain home for at least 24 hours before returning to school. If your child has an infectious disease, he/she should receive one full day's worth of antibiotics before returning to school.

Colds are most contagious in their earliest stages. Please encourage good hand washing to reduce the spread of germs.

SCHOOL NURSE AND DOCTOR

There is a medical office located in the school close to the gymnasium. A trained and qualified Doctor and/or Nurse are on-duty during school hours to attend to students' health needs (illness, accidents and medications). Students who feel sick are examined by the medical staff to determine the kind of treatment necessary. If the nurse/doctor decides that a student should be sent home or to a hospital, they will contact our administration office to contact the parents.

MEDICATION

Medication may be administered to a student during the school day only at the request of the student's parents and/or physician. The family doctor must indicate in writing the necessity for the medication to be taken by the student and parents must provide written authorization for the school's health-care professional to administer the medication in the prescribed dosage. All medication taken to school must be given to the school staff for safe keeping. No medication is to be kept by students in their backpacks, desks or on their person (except perhaps inhalers, if a child is asthmatic).



INCLEMENT WEATHER

Now is the time to plan with your child what to do in case of rain at dismissal time or early dismissal because of snow or ice.

All students are expected to be outdoors for breaks and after lunch if the weather is suitable. No student will remain indoors unless there is a medical reason or disciplinary measures are in effect.

Unsuitable weather is weather that is too cold for outdoor play (-10c), and weather that is too wet (if umbrellas are required). If children or staff would become very wet in outdoors then they must remain indoors.

If there is a chance of heat or sunstroke then children and staff must remain in shaded areas, but may still go outside. If no shade is available or the temperature rises beyond +35c all children and staff must remain inside.

Some children become very concerned if their usual patterns are disrupted; this is particularly true for some of our younger children. If school needs to be closed early for any reason, you will be called and informed. Please make sure we have your correct current information and an emergency contact number.